



Get a handle on the mess in your house, fast! By developing a practical way to clean your house quickly, you can turn it into a routine. So, what's the best way to clean your house fast? Use this checklist and follow these simple tips...

- ☐ **Pick up trash** – with trash bag in hand, quickly go room by room and pick up trash. Don't stop and clean anything; this is your *"first pass"* through your home and you should stay *"on task."*
- ☐ **Pick up dishes & cups** – after you have disposed of the trash, go back through each room and pick up dishes, cups, and glasses. Don't wash them yet but place them in your kitchen's sink or dishwasher.
- ☐ **Pick up laundry** – next, with laundry basket in hand, go room by room gathering up dirty laundry. Take the dirty laundry to your laundry room/area and start a load.
- ☐ **Pick up items & clutter** – use your now-empty laundry basket or a box to go back through each room picking up out-of-place items cluttering your home. Do it all at once or do it in *"categories,"* such as things to put back in their place or things to donate.
- ☐ **Move room by room** – now that the clutter is either put away or in the box to deal with later, go back through each room and straighten it. For example, make the beds and fluff the pillows in the living room.
- ☐ **Quickly dust each room** – using a feather duster, go back through each room and quickly dust all surfaces such as dressers, cabinets and shelves.
- ☐ **Vacuum each room** – now that there are no obstacles cluttering the floors, vacuum the entire house. Be sure to change the vacuum bag as needed or empty the chamber.
- ☐ **Clean the bathroom** – spray your shower with a disinfecting spray cleaner and let it sit while you wipe down the counters and clean the mirror. Clean the toilet then rinse the shower. Hold off mopping the floor until you've cleaned the kitchen.
- ☐ **Clean the kitchen** – wash the dishes and/or load the dishwasher. Put away clutter on the countertops and wipe them down with a disinfecting cleaner. Wipe down the stovetop and clean the microwave. Now get out your mop or steam cleaner and clean both the kitchen and bathroom floors.