| | BUCKE | T LIS | ST |
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| | Shade in if you're halfway done or | compl | etely done with each item. |
| 2 | Treat a stranger to a free coffee or other food item. | | Smile at as many people as possible in a day. |
| 2 | Organize an online fundraiser for someone going through a hard time. | | Devote a couple of weekends to working in a community garden. |
| 2 | Donate blood at your local bank. | | Host a bake sale with all of the proceeds given to a charity. |
| 2 | Start a little free library and register it online. | | Become an organ donor. |
| 2 | Give an in-person positive review to the owner of your favorite restaurant. | | Learn how to cook something new and surprise someone with breakfast in bed. |
| 2 | Ask a stranger how they're doing and listen to what | | Grow out your hair and donate it to a worthy cause. |
| | they have to say. | | Meet up with a friend and leave your phone at home. |
| 2 | Leave an unexpected tip for someone. | | Circulate a petition online for a community cause. |
| 2 | Put together a care package for someone you haven't seen in a long time. | | Pick up trash in your local park. |
| 2 | Leave handwritten notes in your neighbors' mailboxes. | | |
| 7 | Volunteer somewhere new every month for a year. | | |
| 2 | Help someone check off an item from their bucket list. | | |