



## 42 Pantry Essentials: *A Checklist to Get You Started*

This checklist of 42 pantry essentials will make cooking and baking easier on busy days. With this list of pantry essentials, you'll be able to make most recipes without a special trip to the store!

- |                          |  |                          |  |
|--------------------------|--|--------------------------|--|
| <input type="checkbox"/> | 1. All-purpose flour   | <input type="checkbox"/> | 22. Jarred salsa   |
| <input type="checkbox"/> | 2. Cornmeal  | <input type="checkbox"/> | 23. Dried fruits: raisins, currents, etc.                              |
| <input type="checkbox"/> | 3. Granulated sugar  | <input type="checkbox"/> | 24. Toothpicks   |
| <input type="checkbox"/> | 4. Brown sugar: light and dark   | <input type="checkbox"/> | 25. Oatmeal and plain corn flakes                                      |
| <input type="checkbox"/> | 5. Powdered (confectioner's) sugar                                       | <input type="checkbox"/> | 26. Coffee   |
| <input type="checkbox"/> | 6. Baking soda   | <input type="checkbox"/> | 27. Tea bags - various   |
| <input type="checkbox"/> | 7. Baking powder   | <input type="checkbox"/> | 28. Jarred spaghetti sauce   |
| <input type="checkbox"/> | 8. Cornstarch  | <input type="checkbox"/> | 29. Canned tuna  |
| <input type="checkbox"/> | 9. Honey   | <input type="checkbox"/> | 30. Cocoa powder   |
| <input type="checkbox"/> | 10. Vegetable or canola oil  | <input type="checkbox"/> | 31. A box of yellow cake mix   |
| <input type="checkbox"/> | 11. Olive oil  | <input type="checkbox"/> | 32. Vanilla extract & other extracts                                   |
| <input type="checkbox"/> | 12. Vinegar: distilled white, red wine, balsamic, rice wine, apple cider | <input type="checkbox"/> | 33. Nuts: walnuts, pine nuts, pecans, sliced almonds, pistachios, etc. |
| <input type="checkbox"/> | 13. Baking chocolate   | <input type="checkbox"/> | 34. Garlic bulbs   |
| <input type="checkbox"/> | 14. Chocolate chips: semi-sweet, milk, white, butterscotch               | <input type="checkbox"/> | 35. Canned tomatoes: whole, diced, paste                               |
| <input type="checkbox"/> | 15. Bread crumbs: panko, Italian   | <input type="checkbox"/> | 36. Canned cream soups   |
| <input type="checkbox"/> | 16. Peanut butter: smooth & crunchy                                      | <input type="checkbox"/> | 37. Canned and/or dried beans  |
| <input type="checkbox"/> | 17. Corn syrup   | <input type="checkbox"/> | 38. Shortening   |
| <input type="checkbox"/> | 18. Potatoes: russet, red, Yukon gold, sweet, yams, etc.                 | <input type="checkbox"/> | 39. Dry red wine, cooking sherry, Marsala wine, rum, brandy            |
| <input type="checkbox"/> | 19. Onions: white, yellow, red   | <input type="checkbox"/> | 40. Broth or stock in cartons  |
| <input type="checkbox"/> | 20. Rice: white, brown, jasmine, basmati, wild, blends                   | <input type="checkbox"/> | 41. Canned milk: evaporated and sweetened condensed                    |
| <input type="checkbox"/> | 21. Pasta: spaghetti, macaroni, rigatoni, penne, etc.                    | <input type="checkbox"/> | 42. Crackers: saltines, buttery, wheat (for snacks & toppings)         |

P.S. Use this list, too, to start a checklist for your household inventory (see our Emergency Planning Checklist).

Tootles,



*Tiffany and Carole*